imperial Park Recreation Ctr.

.com to register online

PAYMENT TO THE EVENT (SUBJECT TO ROOM AND AVAILABILITY)

Juding parentor guardian signature, and send to:

Call 216.378.0932 for more information.

234 Matlage Way Sugar Land, TX 77478

June 20-22 |2pm - 3pm \$175

City/State/Zip

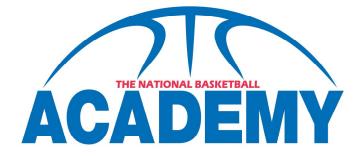
Parent's Work Phone

2pm - 3pm \$175

Credit Card #

July 5-7

"This is an intense program that can help your players understand how to practice at game speed."



TNBABASKETBALL.COM

The National Basketball Academy 34650 Melinz Parkway Eastlake, OH 44095 (p) 216.378.0932

Contact us today to get started... elove@thebasketballacademy.com (c) 832.392.0749



IMPERIAL PARK RECREATION

TWO SESSIONS: JUNE 20-22 JULY 5-7

TRAIN WITH THE BEST

RECISTER TODAY! TNBABasketball.com/Rockets

FEATURES

The National Basketball
Academy has developed
programs all over the United
States and overseas. We have
developed an intense program
focused on fundamental skills
training.

Point Moves
Jab Series
Ball Screen Series
Movement off the Ball
Defensive Footwork

"This program is for players that want to be pushed to the next level. If you don't want to work hard don't sign up."

-Eric Love



TYPICAL DAY

12:00pm - Warm-up and Stretch

12:15pm - Basketball Speed, Strength, Agility Set

12:45pm - Fundamental Ballhandling

1:05pm - Water Break

1:10pm - Change of Speed and
Direction Ballhandling

1:55pm - Game Situations

1 on 1, 2 on 2, 3 on 3

2:15pm - 5 on 5 Controlled Game Situations

2:35pm - Basketball Speed and Strength Set

2:50pm - 4th Quarter Shooting

Learn how to shoot when you're exausted

GENERAL INFORMATION

Boys & Girls Ages 13-17

Registration is limited to the first 30 athletes per session. See coupon for session dates.

Imperial Park Recreation Center 234 Matlage Way Sugar Land, TX 77478

Academy Challenge Shirt

Jump Rope Individual Evaluation Leg Bands Video Analysis

STAFF

Eric Love Director

Coaching/ Training Experience.

Student athlete, playing basketball at Pfeiffer University and Walsh University. AMC Conference Champions three years in a row.



Played for the ABA Cleveland Rockers.

Trained professional basketball players such as Zydrunas Ilgauskus and CJ Clark. Directed NBA player camps for Chase Budinger, Jordan Hill, Patrick Patterson, and Chandler Parsons.

Works with all ages and skill levels throughout the year.

"I have been very lucky to learn multiple coaching and training styles from some of the best and my goal is to pass on some of the fundamental training concepts in this 3 day program that will give each player a detailed development plan for the off-season."

